

DON'T SAY STOP LOOK IT UP

Can mothers breastfeed after contrast?

- Yes, breastfeeding can start without delay after both CT and MRI contrast media
- "Only very small amounts of iodinated or gadolinium-based contrast medium given to a lactating mother reach the milk, and only a minute proportion entering the infant's gut is absorbed. The very small potential risk associated with absorption of contrast medium is considered insufficient to warrant suspending breastfeeding for any period following either iodinated or gadolinium contrast agents"

- UKDILAS

NICE Guidance (Maternal & Child Nutrition, updated 2014) states that the prescriber should not rely solely on the BNF for information on breastfeeding but should use supplementary sources such as the UK Drugs in Lactation Advisory Service [UKDILAS]
www.sps.nhs.uk/ukdilas

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A HIFN, GPIFN
& Breastfeeding Network campaign

