

WHY HUMAN MILK?



LIFE

Very low birthweight babies getting less than 50% mothers' milk in the 1st 10 days of life are 60% more likely to die, have NEC or other serious infection



BRAIN

For each day that babies born under 30 weeks gestation receive more than 50% human milk, there is a measurable change in IQ at age 7 years



EYES

Exclusive mothers' milk gives an odds ratio of 0.11 for severe ROP, with a number needed to treat of 17 to prevent one case of severe ROP



MUM

Mothers who planned to breastfeed and are unable to have 50% more postnatal depression



READMISSION

For every 10mL/kg/day of human milk received, risk of hospitalisation in the first 3 years decreases by 5%



COSTS

Increasing any breastfeeding at NICU discharge in the UK from 50% to 75% could give annual savings of £4 million from reduced NEC alone