

DON'T SAY STOP LOOK IT UP

Weak opiates and breastfeeding

- Codeine is contraindicated in breastfeeding (MHRA, EMA)
- Dihydrocodeine or tramadol can be considered during breastfeeding. This should be at the lowest effective dose and for the shortest duration necessary
- Families should be educated about the potential symptoms of opiate toxicity in the infant
- Infants exposed to either dihydrocodeine or tramadol should be monitored by the caregivers for sedation, breathing difficulties, constipation, difficulty feeding and adequate weight gain. Neonates are most at risk

- UKDILAS

NICE Guidance (Maternal & Child Nutrition, updated 2014) states that the prescriber should not rely solely on the BNF for information on breastfeeding but should use supplementary sources such as the UK Drugs in Lactation Advisory Service [UKDILAS]
www.sps.nhs.uk/ukdilas

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A HIFN, GPIFN
& Breastfeeding Network campaign

