

# DON'T SAY STOP LOOK IT UP

## NICE Guidance (Maternal & Child Nutrition):

"Ensure health professionals who prescribe drugs to a breastfeeding mother consult **supplementary sources** (for example, the Drugs & Lactation Database [LactMed]) or seek guidance from the UK Drugs in Lactation Advisory Service"

"the 'British national formulary' should **only be used as a guide** as it does not contain quantitative data on which to base individual decisions"

"Health professionals should recognise that there may be **adverse health consequences for both mother and baby** if the mother does not breastfeed. They should also recognise that it may not be easy for the mother to stop breastfeeding abruptly – and that it is difficult to reverse"

### Supplementary Sources:

#### LACTMED

[toxnet.nlm.nih.gov/newtoxnet/lactmed.htm](http://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm)

#### BREASTFEEDING NETWORK

[www.breastfeedingnetwork.org.uk/drugs-factsheets](http://www.breastfeedingnetwork.org.uk/drugs-factsheets)

#### UKDILAS

[www.sps.nhs.uk/ukdilas](http://www.sps.nhs.uk/ukdilas)

## #DONT SAY STOP LOOK IT UP

A HIFN, GPIFN  
& Breastfeeding Network campaign

